



## **InPower Institute Internship Program**

### ***About Us***

InPower Institute, a division of Emerging Wisdom, is a center for community healing and optimal living that helps individuals and groups create extraordinary lives and a more just and vibrant world. The Institute collaborates with healers, sages, seekers, teachers, change agents, activists, spirit workers, earth allies, artists, revolutionaries and blooming humans working to advance wholeness and well-being for themselves and the community at-large. These partners, along with the Institute's core faculty, interns and Interns, offer programs, workshops and services in six core areas: 1) spiritual growth and discovery, 2) holistic health and healing, 3) abundant living, 4) harmonious relationships, 5) cultural arts and expression, and 6) community and justice.

### ***Our Internship Program***

InPower Institute welcomes applications for its Internship Program, which provides volunteer opportunities for individuals from groups traditionally under-represented in the fields of community healing and wellness. Candidates for the program must reside in the St. Louis metropolitan area and have a commitment to deepening their healing practice(s) in service to themselves and others. The goals of the Internship Program are to:

- Grow the lineage of community healers;
- Create healing spaces, programs, and practices that advance wholeness and wellbeing;
- Help resource the work for those engaged in the healing and transformation of human communities; and
- Develop the community healing field of practice.

Interns may come from a variety of disciplines, including the creative arts, spiritual development and ministry, public health and policy, education, political science, anthropology, psychology, sociology, social work, community organizing, the natural sciences, business, and the metaphysical arts. What the Institute values most is a strong background in community wellness and/or healing work, a commitment to liberation and social justice, and the development of practices and programs that elevate human consciousness and conditions.

### ***Program Specifics***

Interns are part of a liberatory community that supports them in exploring, expressing and engaging what animates and excites them at their core. The Internship Program is a community healing incubator that provides platforms for participants to uncover and manifest their life's work without interference. It imbeds participants in a supportive community of healers who encourage them to be creative, rather than conditioned, as they develop their healing offers and who are willing to collaborate with them on their projects.

Interns are expected to volunteer the equivalent of 5 hours per week at Emerging Wisdom for an agreed upon time. They may undertake a single healing project or multiple projects, but all

internship work is focused on building skills and confidence in real-world community healing practices. To support Interns' work, the Institute provides free co-working space, and office supports (printing, wifi, parking etc.).

### **Support Mechanisms**

Interns are supported by their InPower colleagues and community members in the following ways:

**Faculty Mentor / Supervisor:** The faculty mentor: 1) acts as a guide and advisor throughout the program; 2) supports Interns' development and reflection; 3) helps them plan and coordinate their healing work; and 4) ensures the fulfillment of their internship requirements and capstone project.

**Post-Internship Partnership:** Interns are encouraged to maintain a relationship with InPower upon completion of the program. They may request continued support from and partnership with the Institute to provide community healing services and programs in their hometown communities. Interns are also eligible to receive seed grant funding from InPower for their programming, professional development and personal healing / well-being.

### **Criteria for Selection**

Interns will be selected based on the quality of their completed applications, materials provided, and subsequent finalist interviews. Interviews will focus on:

- Their personal and professional commitments to community healing and wellness for themselves and their peoples. Additional consideration is given to candidates working with groups that are engaged in social, economic, political, cultural and spiritual transformation efforts that seek to create a more just and vibrant world.
- Alignment between their skills, aspirations, and development interests and the Institute's program focus areas and resources;
- The quality of their academic, professional, and personal experiences related to community healing and wellness; and
- Their capacity to carry out and complete the requirements of the internship program.