



## **InPower Institute Fellowship Program**

### ***About Us***

InPower Institute, a division of Emerging Wisdom, is a center for community healing and optimal living that helps individuals and groups create extraordinary lives and a more just and vibrant world. The Institute collaborates with healers, sages, seekers, teachers, change agents, activists, spirit workers, earth allies, artists, revolutionaries and blooming humans working to advance wholeness and well-being for themselves and the community at-large. These partners, along with the Institute's core faculty, fellows and Fellows, offer programs, workshops and services in six core areas: 1) spiritual growth and discovery, 2) holistic health and healing, 3) abundant living, 4) harmonious relationships, 5) cultural arts and expression, and 6) community and justice.

### ***Our Fellowship Program***

InPower Institute welcomes applications for its Fellowship Program, which provides two years of funding and training for individuals from groups traditionally under-represented in the fields of community healing and wellness. Candidates for the program must reside in the St. Louis metropolitan area and have a commitment to deepening their healing practice(s) in service to themselves and others. The goals of the Fellowship Program are to:

- Grow the lineage of community healers;
- Create healing spaces, programs, and practices that advance wholeness and wellbeing;
- Help resource the work for those engaged in the healing and transformation of human communities; and
- Develop the community healing field of practice.

Fellows may come from a variety of disciplines, including the creative arts, spiritual development and ministry, public health and policy, education, political science, anthropology, psychology, sociology, social work, community organizing, the natural sciences, business, and the metaphysical arts. What the Institute values most is a strong background in community wellness and/or healing work, a commitment to liberation and social justice, and the development of practices and programs that elevate human consciousness and conditions.

### ***Program Specifics***

Fellows are part of a liberatory community that supports them in exploring, expressing and engaging what animates and excites them at their core. The Fellowship Program is a community healing incubator that provides platforms for participants to uncover and manifest their life's work without interference. It imbeds participants in a supportive community of healers who encourage them to be creative, rather than conditioned, as they develop their healing offers and who are willing to collaborate with them on their projects.

Fellows are expected to work the equivalent of 10 hours per week at Emerging Wisdom from approximately September 1 to July 31. They may undertake a single healing project or multiple

projects, but all fellowship work is focused on building skills and confidence in real-world community healing practices. To support Fellows' work, the Institute provides free co-working space, and office supports (printing, wifi, parking etc.).

Additionally, Fellows receive a total stipend of \$12,000. Payments of \$500 per month are made in recognition of their work and based on completion of program requirements. Stipends for the Institute's Fellowship Program are awarded from the third week of each month.

### **Fellowship Program Activities & Requirements:**

- A. InPower Programs.** Fellows will design and deliver at least one community healing / wellness project each quarter.
- B. InPower Retreat.** Fellows will attend InPower's spring and/or fall team retreat. As part of the retreat, they will be given an opportunity to share their healing practice(s), interests and insights with the group.
- C. Learning Intensive.** Fellows will choose a seminar/workshop that provides additional training, coaching on wellness, and/or their projects to broaden and/or deepen their work. The intensive is expected to provides an orientation that expands the fellow's knowledge and understanding of critical issues in wellness.
- D. Fellow Capstone.** Fellows will create one wellness project together for a summer capstone to be presented to the larger community during the final year of the program.
- E. Capstone Presentation:** Fellows will create one wellness project together for a summer capstone to be presented to the InPower community members at the end of the program.
- F. Blogs.** Fellows will share their questions, insights, and learning with the InPower community via blogs / vlogs / creative expressions that are distributed through the Institute's various communications channels (ex. program guides, e-blasts, social media).
- G. Monthly Team Meetings:** Fellows will attend InPower's monthly team meetings to participate in project updates, planning and reflection.

### **Support Mechanisms**

Fellows are supported by their InPower colleagues and community members in the following ways:

**Faculty Mentor / Supervisor:** The faculty mentor: 1) acts as a guide and advisor throughout the program; 2) supports Fellows' development and reflection; 3) helps them plan and coordinate their healing work; and 4) ensures the fulfillment of their fellowship requirements and capstone project.

**Leadership Team Support:** InPower's leadership team members (Founder and Executive Director) are available to guide, advise and support Fellows in achieving their program goals and requirements. Upon request, leadership team members will help Fellows process their experiences; secure needed resources; and discern transition supports as they end the program.

**Post-Fellowship Partnership:** Fellows are encouraged to maintain a relationship with InPower upon completion of the program. They may request continued support from and partnership with the Institute to provide community healing services and programs in their hometown

communities. Fellows are also eligible to receive seed grant funding from InPower for their programming, professional development and personal healing / well-being.

### **Criteria for Selection**

Fellows will be selected based on the quality of their completed applications, materials provided, and subsequent finalist interviews. Interviews will focus on:

- Their personal and professional commitments to community healing and wellness for themselves and their peoples. Additional consideration is given to candidates working with groups that are engaged in social, economic, political, cultural and spiritual transformation efforts that seek to create a more just and vibrant world.
- Alignment between their skills, aspirations, and development interests and the Institute's program focus areas and resources;
- The quality of their academic, professional, and personal experiences related to community healing and wellness; and
- Their capacity to carry out and complete the requirements of the fellowship program.